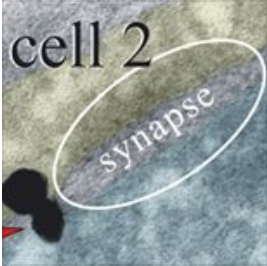


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**Nerissa Belcher**
6 hours ago · 

Researchers find that higher cognition is enhanced by smoking and drinking coffee.

**Yale team finds nicotinic receptor essential for cognition — and mental health**
news.yale.edu
The ability to maintain mental representations of ourselves and the world — the fundamental building block of human cognition — arises from the firing of highly evolved neuronal circuits,

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**StayPuft Tesso Arnhardt** LOL!!!
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**Bonze Anne Rose Blayk** –
““Prefrontal networks allow us to form and hold coherent thoughts, a process that is impaired in schizophrenia,” said Amy Arnsten, professor of neurobiology, investigator for Kavli Institute, and one of the senior authors of the paper. “A great majority of schizophrenics smoke, which makes sense because stimulation of the nicotinic alpha7 receptors would strengthen mental representations and lessen thought disorder.””

... so naturally the mental hospitals have all banned smoking, mostly without offering any replacements...

✓

This reminds me of the time I was evaluated by the nurse at the Alcohol and Drug Council of Tompkins County... our conversation start out with her saying:

"Why are you here?" – with her head cocked at an angle, because hey, it's bleeding obvious I am neither an alcoholic nor an abuser of hard drugs? At my age... I'D LOOK LIKE HELL!

Anyway, she was a very cool gal, and said in the course of the interview, "It's a shame they banned smoking in the hospitals... it gave the patients something to do, and it was something that made them happy."
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